

NAME: \_\_\_\_\_

GROUP #: \_\_\_\_\_ ROOM #: \_\_\_\_\_

**Tournament Camp**

**Groups 1-12**

<u>Date/Time</u>	<u>Location</u>	<u>Activity</u>
<b>Monday</b>		
5:00pm-5:50pm	Brown Ct. #3	Introduction, Skit, Clinic, Tennis Aerobics & Stretching
5:50pm-6:45pm	Swanson Center	Volleys and Approach Volleys
6:45pm-7:40pm	Ct. #___	Groundstrokes
7:50pm-8:45pm	Norelius Hall	Opening Night Program
10:15pm	Norelius Hall	Quiet Hours in Upstairs Lounges
<b>Tuesday</b>		
6:15am-6:40am	Near 2nd Floor Elevator	Wake Up and Towel Exchange
6:50am-7:25am	Student Union	Breakfast
7:30am-7:50am	Student Union - Center for Inclusive Excellence	Morning Reflections
8:00am-8:30am	Brown Ct. #3	Clinic, Tennis Aerobics, Stretching, Group Photo
8:30am-9:15am	Swanson Center	Blocks and Half Volleys
9:15am-10:00am	Ct. #___	Serves
10:00am-10:45am	Swanson Center	Singles and Doubles Demo
10:45am-11:30am	Ct. #___	Service Returns
11:30am-12:20pm	Student Union	Lunch
12:30pm-1:15pm	Swanson Center	Station Drills (optional)
1:20pm-1:55pm	Aasen Classroom	Sportspersonship
1:55pm-2:30pm	Ct. #	Groundstroke Strategy
2:30pm-3:15pm	Swanson Center	Videotaping/Mental Training
3:15pm-4:00pm	Ct. #	Point Play
4:00pm-5:30pm	Brown, Swanson, SPHS	Gustie 5's Tournament
5:30pm-6:00pm	Student Union	Dinner
6:30pm-7:25pm	Swanson Center	Station Drills/GVS/Free Time (optional)
8:00pm-9:00pm	Norelius Hall	Social Hour and Camp Songs
10:15pm	Norelius Hall	Quiet Hours in Upstairs Lounges
<b>Wednesday</b>		
6:15am-6:45am	Near 2nd floor elevator	Wake Up and Towel Exchange
6:50am-7:25am	Student Union	Breakfast
7:30am-7:50am	Student Union - Center for Inclusive Excellence	Morning Reflections
8:00am-8:30am	Brown Ct. #3	Clinic, Skit, Tennis Aerobics, & Stretching
8:30am-9:15am	Swanson Center	Angle Volleys
9:15am-10:00am	Ct. #___	Overhead/Lob
10:00am-10:45am	Aasen Classroom	Classroom Session
10:45am-11:30am	Ct. #___	Point Play

**Wednesday**

11:30am-12:20pm	Student Union	Lunch
12:30pm-1:15pm	Swanson Center	Station Drills (optional)
1:20pm-1:55pm	Swanson Center	Classroom Session
1:55pm-2:30pm	Ct. #___	Singles Strategy
2:30pm-3:15pm	Swanson Center	Video Viewing/Mental Training
3:15pm-4:00pm	Ct. #___	Point Play
4:00pm-5:30pm	Brown, Swanson, SPHS	Gustie 5's Tournament
5:30pm-6:00pm	Student Union	Dinner
6:30pm-7:30pm	Swanson Center	Station Drills/GVS/Free Time (optional)
8:00pm-9:00pm	Norelius Hall	Variety Show
10:15pm	Norelius Hall	Quiet hours in upstairs lounges

**Thursday**

6:15am-6:40am	Near 2nd floor elevator	Wake Up and Towel Exchange
6:50am-7:25am	Student Union	Breakfast
7:30am-7:50am	Student Union - Center for Inclusive Excellence	Morning Reflections
8:00am-8:30am	Brown Ct. #3	Clinic, Tennis Aerobics, Stretching, & Skit
8:30am-9:15am	Swanson Center	Drop Shots
9:15am-10:00am	Ct. # __	Group Choice
10:00am-10:45am	Swanson Center	Classroom Session
10:45am-11:30am	Aasen Classroom	Station Drills/GVS
11:30am-12:20pm	Student Union	Lunch
12:25pm-1:35pm	Student Union - Center for Inclusive Excellence	Final Program
1:40pm-2:10pm	Norelius Hall	Camp Check Out