

## Married to the Lob **Tips from the best on avoiding 'mixed troubles'**

**Keep it all** positive. That was the key to victory for Josh Heiden, 30, and his 27-year-old wife, Christin Tiegs-Heiden, who won the USTA National Husband and Wife Hard Court Championships in July. The title made them the best married duo in the country this side of Andre and Steffi.

There are no "mixed troubles" with this couple—no glaring, squabbling or under-the-breath muttering with the Heidens that plague a lot of husband-and-wife teams.

"We don't worry too much about whether we win or lose," says Christin. Adds Josh: "We have

a lot of respect for each other. We don't get uptight or grumpy."

Both former Division III college players, the Heidens courted courtside while coaching at a kids' tennis camp in Minnesota. They've played tennis together for the past seven years.

He likes the net, she stays back more. He plays the ad side; she plays "whatever is left over."

Opponents go after Christin across the net, and while Josh says he can get

**Josh Heiden  
and Christin  
Tiegs-Heiden**

protective when a "headhunter" hits at his wife, Christin can hold her own.

Both know the tennis court can be a contentious playground, but Josh, a teaching pro in Omaha, Neb., has this advice for other married partners: "The most important thing is just to have fun. Keep it a game."

Sounds like great advice for keeping the tennis court from turning into a divorce court.

—JENNIFER JOHNSON

